

# 2025 Spring NEWSLETTER

*A God-Victorious Trip...*

## “I AM” Class at Yosemite

The Yosemite Trip this year occurred a couple of weeks earlier than usual to avoid the large crowds that come to take pictures of the Fire Falls at the end of February. It was nice to be able to enjoy the park in the quieter atmosphere.

Arriving in the park at the golden hour, rolling down into the valley with the fog draped across the majestic rock formations like a delicate lady's shawl, the light and shadow revealed and hid the landscape in equal measure. The breathtaking beauty will stay in our memories forever. Yosemite has such purity in the atmosphere, every day it feels like the first day after a heavy snowstorm, when you step outside and feel like the world is

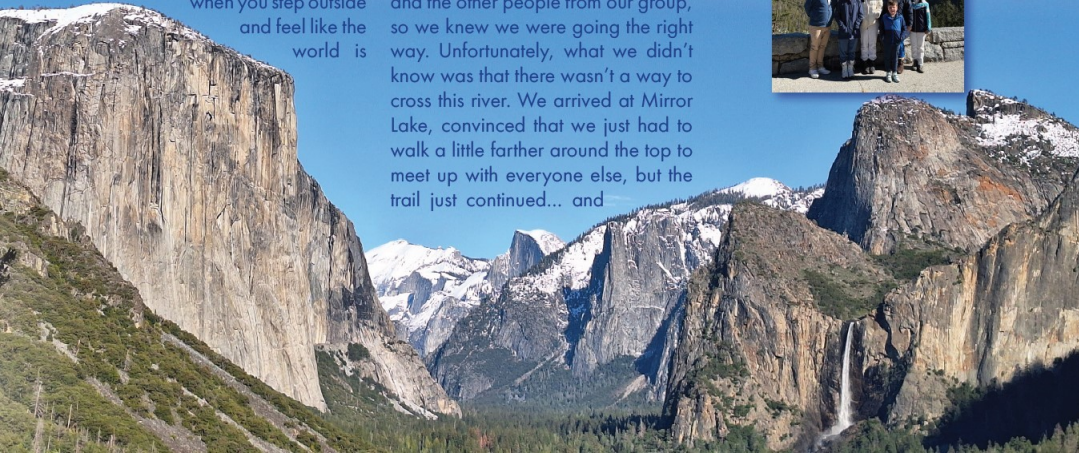
scrubbed clean and this is the first day on Earth.

The outing on Saturday afternoon included a delightful hike to Mirror Lake. As we were walking, our big group decided to split into two. One group followed the usual road while the other group decided to try a new,

more adventurous and picturesque dirt trail. Across the river from this quaint wandering path, we could see the road that led up to Mirror Lake and the other people from our group, so we knew we were going the right way. Unfortunately, what we didn't know was that there wasn't a way to cross this river. We arrived at Mirror Lake, convinced that we just had to walk a little farther around the top to meet up with everyone else, but the trail just continued... and

continued. Our little afternoon stroll ended up around 6 miles. It was entirely worth it, although we were very glad for a chance to eat and take a short nap before the evening Class.

As always, the Classes were the highlight of the trip, and Beloved Hercules' Presence in His Retreat is so tangible, you can feel Him walking beside you or looking down and giving you Strength, Light, and Love. We are so grateful to the “I AM” Students of Modesto and Oakland for this unforgettable experience.



*A Tribute to Our Beloved Donald Ballard...*

# “Lafayette”

What a busy month February has been for the “I AM” School. During Presidents’ Day Weekend, the students in the Drama and Music classes performed a Reader’s Theater production about Lafayette and dedicated it to our Beloved Donald Ballard. In this 20 minute performance, students read about how important Lafayette was in helping America gain Her independence and his close relationship and

connection with George Washington, our Beloved Daddy. It was a true delight to see the students dressed in colonial attire performing at the “I AM” Temple of Mount Shasta after the Patriotic Musical. Andrew read as Lafayette,



Temple of Mount Shasta, and all the “I AM” Students everywhere for their love and support for the students and our School.

Our students will be recording the audio of this performance for the Drama Classes’ Radio Show, “Voices

of Freedom: A Journey to Inspire and Uplift.” It will be our second episode, and will be available to listen to on the “I AM” School’s website when it is completed. The first episode is available now on the website, titled “The First Presidential Election.” It is dedicated to our Beloved George Washington discussing his election, and features dialogue between George and Martha Washington.

Mika read as Washington, and Estel.la and Berta read as Narrators. Students also played “America the Beautiful” and “America” on the handbells during the performance. It was a fun experience for the older students to play the songs on a bell tree while the others accompanied with chords.

We are so Grateful to Matilde Unruh for helping us with costumes for everyone at the “I AM”

Scan the QR code to listen to Episode One on the School’s website.



*Enriching Experiences...*

## A Week of Wonder

The week before Christmas was filled with joy for our elementary students! Miss Henny Gombert shared the beauty of Dutch culture, captivating Mika and Andrew with stories, artifacts, and even a few Dutch words. Later that week, Debbie and John Baltar hosted a festive cookie-decorating party, filling the air with sprinkles, smiles, and sweet anticipation for Christmas. We are eternally grateful to our Ascended Master Friends for enriching the lives and education of our students through these special experiences!



*Sweet Blessings from Nature...*

# Winter Activities

**T**his winter, our main outdoor physical activities have been ice skating and skiing. We have been very lucky and are



incredibly grateful to have had outstanding weather for all these events so far. Dazzling blue skies, snow sparkling like diamonds, and trees laden with snow have transformed Mount Shasta into



a paradise. Everyone has made incredible progress in their ski lessons, learning new skills, and enjoying the beautiful slopes of Mount Shasta. We are all so grateful to be able to live in such a beautiful spot on Earth, blessed with boundless gifts by the Beloved Lord Maha Chohan.

The ice-skating rink in town is a great physical activity that all the students love. Whether they choose to use the plastic blue supports that keep learning skaters from falling, or want to challenge themselves by trying

to balance on their own, skating around the rink in the crisp winter air provides endless amusement and healthy exercise. Like everywhere in Mount Shasta, the scenery is breathtaking. Winter is such a wonderful season!



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*Igniting the Inner Flame...*

## Lady Donna Program

**D**ecember concluded the first block of the "Lady Donna Youth Immersion Program," where our students, Berta and Estel.la Trepata, explored and reflected about themselves as Sacred Fire Beings. Inspired by The Ascended Masters' Instruction from the Saint Germain Series "I AM" Books and *The Voice of the "I AM,"* they delved into recognizing and embodying this Powerful Flame from their "Mighty I AM Presence" and the Great Central Sun. The following are excerpts from their insightful work. *(Continued on back page)*

*The Sacred Fire...*

## **The Light Within** by Berta Trepal Aranda

**A**fter researching some Ascended Master quotes, I have come to the conclusion that a Sacred Fire Being is the Light and the Life of each one of us. Everybody knows there's no life if there's no Light. Every part of you is part of your Sacred Fire Being, and that Sacred Fire Being is the most perfect Being that exists.

The "I AM" Books have told us that we come from the Central Sun, but what does that really mean? What part of us came from the Central Sun? The answer is really simple, the Sacred Fire Being that is inside of our bodies is the one who came from the Central Sun. This is also our connection with the Great Light of the Universe. That's why we are privileged to have God's Power and Light.

If we work towards the Light, we will be able to have the same power the Ascended Masters have. That is why it's so important to decree, so like them, we will be a Powerful Being and make our Ascension. To summarize, we will be one with Our Sacred Fire Being.



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*Your True Self...*

## **A Sacred Fire Being** by Estel.la Trepal Aranda

**A** Sacred Fire Being is the perfect Being inside of you. That's amazing, that perfect Being is your "Presence," so it is part of you and can only produce perfection! It gives you Life; so for this reason you have Life. It also gives you Power and all the qualities of all the Ascended Masters. And the most important thing is that it gives you Light.

It is Fire in Action in your heart. This Fire gives you energy, so that you can move, speak, think, eat, breathe, hear, see, and touch. A Sacred Fire Being never stops existing. It is Eternal. When you Ascend you become a Sacred Fire Being, that is why you Ascend. Isn't it amazing to think about this? I think so, because it makes you special.

You express the powers of the Sacred Fire Being every day by giving Love, Gratitude, and all the things positive you can think about. That is why a Sacred Fire Being is so perfect. In conclusion, the Sacred Fire Being is you!!!

